

Winter BUTT BLASTER

PROGRAM
REGISTRATION

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone: _____

WINTER BUTT BLASTER PROGRAM

Get results – the motivation and accountability you need to keep moving this winter!

Don't get caught in a rut this winter, Winter Butt Blaster is back! It may be cold outside but that is the only reason to wear bulky winter clothes. The objective of this 10-week program is to inspire a consistent workout routine through the winter months and jumpstart your resolution to lose weight. Winter Butt Blaster will provide you with a weekly indoor circuit class designed to be a fun, fast-paced, challenging full body workout. It may also serve as an incentive-driven Weight Loss Challenge if you choose to opt into the contest. Empower yourself to be in better shape — you'll find motivation, camaraderie and heart pumping fun with others just like you!

CLASS SCHEDULE & PACKAGE PRICE:

Please indicate which session(s) you are registering for and if you will participate in the Challenge:

- 1st Session: \$100
Jan 6 – Feb 3
- Weight Loss Challenge – 1st Session: \$10
(one session + weight loss challenge: \$110)
- 2nd Session: \$100
Feb 10 – Mar 6
- Weight Loss Challenge – 2nd Session: \$10
(early registration for both sessions + weight loss challenge: \$210)
- Early registration for both sessions before Jan 6: \$190

REGISTRATION

Registration will be accepted on a first come, first serve basis. Class size will be limited.

To reserve your space, please send completed registration form along with payment to the attention of:

Cassandra Hawkinson
2602 N. Wayne Avenue
Chicago, IL 60614

Payments can be submitted by cash or check. Please make checks payable to Cassandra Hawkinson. Once your registration is received, you will be contacted via email and sent a standard health history form. Complete the form and bring to the first class.